

# **VOICE OF XAVIER'S**

MONTHLY NEWSLETTER

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Dear Students,
We wish you the very best &
assure you our prayers
for the Board Exams.
May God Bless us all.













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Ms. Marshal Xavier
Ms. Shaila Joshi
Ms. Shivani Pathak
Ms. Preeti Gadkari
Ms. Shweta Dodiya
Ms. Khushbu Darji
E Ms. Alpa Joshi

• Ms. Soumya Prabhu

Chief Editor of this Issue Ms. Alpa Joshi

#### Dear Students

As we prepare for the upcoming exams, i wish to share with you the following FIVE points for your consideration.



Fr.S.Arul Rayan, S.J.

#### 01 Create a Realistic Study Schedule

- Why: A well-structured schedule keeps you on track and helps you manage your time effectively. Allocate time for each subject based on its difficulty and your proficiency.
- How: Break down topics into smaller chunks. For example, tackle one chapter per session. Leave room for breaks and ensure to review daily to reinforce your memory.

#### 02 Practice Previous Year Papers & Mock Tests

- Why: Practicing old question papers gives you an understanding of the exam pattern, question types, and time management. It also builds confidence.
- How: Set aside time each week to complete mock exams under timed conditions. Review your mistakes to understand where you need improvement.

#### 03 Active Stress Management

- Why: Stress can negatively affect focus and performance. Managing stress will keep you calm and improve your productivity.
- How: Incorporate short breaks, deep breathing exercises, or quick workouts into your routine. Adequate sleep (7-8 hours) is essential for mental clarity. Also, practice mindfulness or meditation to reduce anxiety.

#### 04 Focus on Conceptual Understanding

- Why: Deep understanding is more effective than rote memorization. It helps you apply knowledge to solve complex problems, improving long-term retention.
- How: Instead of memorizing, try teaching the concept to someone else, or use diagrams and charts to visualize complex ideas. Solve problems, and don't hesitate to ask your teacher or peers for clarification when in doubt.

#### 05 Stay Positive & Consistent

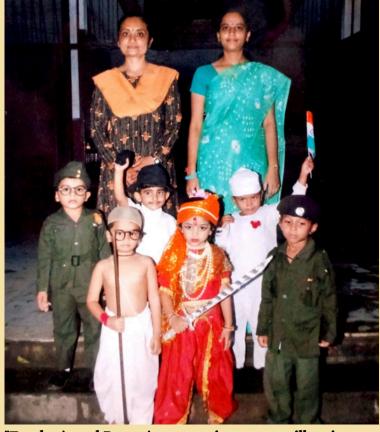
- Why: A positive attitude can help you overcome obstacles and maintain motivation throughout the preparation period. Consistency is key to success.
- How: Break big goals into smaller, achievable milestones. Reward yourself when you hit these goals. Stay disciplined and avoid procrastination—every day of consistent effort counts!

#### Stuti Oza

-Graphic Designer at WebSankul

૧૨ ફેબ્રુઆરી ૨૦૨૦, મારો અને મારી સાથેના સહપાઠીઓનો યાદગાર દિવસ.

આ દિવસ એ હું ખુશ પણ હતી અને દુઃખી પણ હતી. ૧૪ વર્ષ કે જેણે મારા અને મારા સહપાઠીઓના જીવનની રૂપરેખા કંડારી. નર્સરી થી લઈને ૧૨માં ધોરણ સુધીની યાદગાર સફર કે જેને હું મારા જીવન નો golden period કહું છું. હું સ્તુતિ ઓઝા C.U.Shah Institute Of Science માંથી Bachelor's Of Science - Microbiology પૂર્ણ કર્યું છે. ત્યારબાદ મારો હંમેશા રચનાત્મક ક્ષેત્ર માં ખુબ જ રસ રહ્યો હોવાથી મેં Graphic Designing નો કોર્સ કરેલ છે. અને અત્યારે ગુજરાત ની નંબર-૧ ઓનલાઇન કોમ્પિટિટિવ એક્ઝામ માટેની સંસ્થા WebSankul-Gandhinagar શાખા ખાતે કાર્યરત છું.



"Teacher's and Parent's are two important pillars in your life..."

મારુ માનવું છે કે કોઈ પણ વ્યક્તિના જીવનમાં શાળાનું મહત્વ ખુબ જ વધારે હોય છે. બાળપણમાં શીખેલા જીવનના પાઠોથી જ આખા જીવનનું ઘડતર થતું હોય છે. એમાં પણ Xavier's school ના તમામ શિક્ષકો દ્વારા અપાતા માર્ગદર્શનથી તો કેટલાય વિદ્યાર્થીઓએ મહારથ હાંસલ કરેલ છે. હું મારી જાતને ખુબ જ નસીબદાર માનું છું કે મારા તમામ શિક્ષકો દ્વારા મને જે શૈક્ષણિક અને વાસ્તવિક માર્ગદર્શન મળ્યું છે તે અનેરું છે.

આ ઉપરાંત મારાં વ્યક્તિત્વ અને આત્મવિશ્વાસ માટે શાળાનો ખુબ જ મોટો ફાળો છે. આટલું વિશાળ કેમ્પસ અને આનંદમય વાતાવરણ માત્ર Xavier's સ્કુલ પાસે જ હોઈ શકે. શિક્ષણ ઉપરાંત ઈતર પ્રવૃતિઓ જેમકે સ્પોર્ટ્સ ડે, annual day, પ્રેયર ડાન્સ, Quest માં Debate, વક્તૃત્વ સ્પર્ધા તે બધામાં હું ખુબ જ ઉત્સાહથી ભાગ લેતી હતી. શાળા અને પરિવાર દ્વારા ભણતર સાથે હંમેશા ગમતી પ્રવૃત્તિ માં કાર્યરત



રહેવાનું પ્રોત્સાહન સતત મળતું આવ્યું છે અને તેથી જ હું ભરતનાટ્યમ પણ ડાન્સર છું. ત્યારે તો તે મારા માટે માત્ર એક પ્રવૃત્તિ હતી પણ અત્યારે સમજાય છે કે તેનું મહત્વ મારા જીવનના ઘડતરમાં કેટલું વધુ છે. આજે શિક્ષણ એ ખુબ જ મોટો વ્યાપાર માત્ર બની ગયો છે ત્યારે મને મારી શાળા અને શિક્ષકો યાદ આવે છે કે જેઓ સાચી કાર્યનિષ્ઠાથી અમને સંસ્કાર , શિષ્ત અને જીવન જીવવાની શૈલી શીખવી ગયા. આનંદ છે મને આવા શિક્ષકો મેળવીને કેમ કે, " શિક્ષકો જ યુવાધન ને સાચી દિશા અને માર્ગ બતાવે છે"



"Optimism is the faith that leads to achievement.
Nothing can be done without hope and confidence."

અંતમાં હું બહુ જ ધન્યતાની લાગણી અનુભવું છું કે મને Voice Of Xavier's માં મારા વિચારો અને યાદો તાજી કરવા માટે તક આપવામાં આવી.



#### સેન્ટ ફ્રાન્સિસ ઝેવિયરના તહેવારના દિવસની ઉજવણી

સેન્ટ ફ્રાન્સિસ ઝેવિયર, એસ.જે. (જન્મ ફ્રાન્સિસ્કો ડી જેસો વાય એઝપિલિક્યુટા, લેટિન સેન્ક્ટસ ફ્રાન્સિસકસ ઝેવેરિયસમાં, 7 એપ્રિલ 1506-3 ડિસેમ્બર 1552), જેવિઅરમાં જન્મેલા નેવરસી બાસ્ક રોમન કેથોલિક મિશનરી હતા, નેવરોંમાં ઝેવિયર- બાસ્કમાં (અર્ગોનીઝ અથવા ઝેબિઅર), નવરનું સામ્રાજ્ય (હાલમાં સ્પેન), અને સોસાયટી ઓફ જીસસના સહ સ્થાપક. તેઓ લોયોલાના સેઇન્ટ ઇગ્નાટીઅસના સાથી હતા અને 1534 માં પોરિસના મોન્ટમાર્ટ ખાતે ગરીબી અને પવિત્રતાની પ્રતિજ્ઞા લેનાર પ્રથમ સાત જેસુઈટ્સમાંના એક હતા.તેમણે એશિયામાં મુખ્યત્વે પોર્ટુગીઝ સામ્રાજ્યમાં વિસ્તૃત મિશનની આગેવાની લીધી હતી અને તે ખાસ કરીને ભારતમાં, સુવાર્તાના કાર્યમાં પ્રભાવશાળી હતી. ગોવા ઇન્કિવઝિશનની દરખાસ્ત સંત ફ્રાન્સિસ ઝેવિયર દ્વારા કરવામાં આવી હતી.

સેંટ. ઝેવિયર્સ શાળામાં તારીખ ૨ ડિસેમ્બર ૨૦૨૪ ના રોજ પ્રિ-પ્રાઈમરી વિભાગમાં તેની ઉજવણી કરવામાં આવી હતી. તે નિમિતે ફાધર અરુલ , ફાધર વિન્સેન્ટ અને પ્રિ-પ્રાઇમરીના ઇન્ચાર્જ નિશા મેડમે હાજર રહીને બાળકોને પ્રોત્સાહન પૂરું પાડયું હતું. તેમાં સિનિયર કે. જી. એ, બી, સીના બાળકો દ્વારા પ્રેયર ડાન્સ,ગીત અને ડાન્સ રજૂ કરવામાં આવ્યો હતો અને જુનિયર કે. જી. એ, બી, સી ના બાળકો દ્વારા સુવિચાર રજૂ કરવામાં આવ્યા હતા. વિદ્યાર્થીઓના હસ્તે ફાધર અરુલ અને ફાધર વિન્સેન્ટને કાર્ડ દ્વારા શુભેચ્છા પાઠવવામાં આવી હતી..

ત્યારબાદ ફાધર અરુલે બાળકોને ખૂબ જ સુંદર સંદેશ આપ્યો હતો,"દરરોજ સવારે ઈશ્વર નો આભાર માનવો." તથા દરેક બાળકો જોડે આ બોલાવવામાં આવ્યું હતું અને પોતાના પ્રેરણાદાયી પ્રવચન દ્વારા વિદ્યાર્થીઓને પ્રોત્સાહિત કર્યા હતા.

"જે જરૂરી છે તે કામ કરીને શરૂઆત કરો, પછી જે શક્ય હોય તે કામ કરો, અને અચાનક તમે અશક્ય કામ કરવામાં સમર્થ છો."



Ms. Alpa Joshi Pre-Primary Teacher



#### **Feast Day Celebration Primary**

Saint Francis Xavier's Feast Day is a special occasion to remember and honor an important figure in Christianity, Saint Francis Xavier. The word "feast" comes from the Latin word festes, meaning joy, and symbolizes celebration. A feast day is observed to commemorate significant individuals or events in a religious context.

Saint Francis Xavier's Feast Day is celebrated on December 3rd each year. He was a missionary and a cofounder of the Jesuit Society. In 1542, Saint Francis Xavier traveled to Goa to spread Christianity among Portuguese settlers and the local people. Known for his devotion to the poor and the Scriptures, he worked tirelessly to promote the faith. He passed away due to fever but left a lasting legacy. The feast honors his contributions to the advent of Christianity in Goa and his dedication to serving others. At our school, which has Saint Francis Xavier as its patron saint, we celebrate his feast day with great enthusiasm and reverence every year, recognizing his inspiring life and his mission.



Halvadia Tathya <sup>7 A</sup> Shah Swara

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#### SCI-BLAST 2.0 SCIENCE FAIR AT ST. XAVIER'S COLLEGE. NAVRANGPURA, AHMEDABAD

On December 12-13, 2024, our institution had the 2. Hyperloop: Raval Nevil H, Rathod Divyam C privilege of participating in the Sci-Blast 2.0 science fair (Designing and optimizing a high-speed transportation at St. Xavier's College, a paradigmatic event that epitomized innovation, creativity, and scientific excellence. This phenomenal platform showcased the ingenious projects of young scientists and inventors, underscoring their passion for discovery commitment to advancing scientific knowledge.

#### **Key Highlights**

- 1. Innovative Project Showcase: Our school's participation in the fair was marked by an impressive display of 4 innovative projects, each meriting a certificate of participation. These projects demonstrated a high degree of scientific rigor, creativity, and technical proficiency.
- 2. Interdisciplinary Collaboration: The event highlighted the significance of interdisciplinary collaboration, teamwork, and mentorship in fostering a culture of scientific inquiry and innovation. This approach facilitated the exchange of ideas, expertise, and perspectives, leading to novel solutions and discoveries.
- 3. Stimulating Environment: The fair provided a stimulating environment for students to engage in intellectual discussions, share knowledge, and learn from one another's experiences. This peer-to-peer learning and networking opportunity helped to foster a sense of community and camaraderie among the participants.

#### Participating Projects and Team Members

1. Be Clean and Be Healthy: Chaudhari Vraj V, Patel Bhagya S (Investigating the efficacy of natural disinfectants in promoting public health).

- system using vacuum-sealed tubes and magnetic levitation)
- 3. Gyroscopic Angular Motion: Rajput Bhavyasinh B, Patel Henil N (Exploring the principles of gyroscopic motion and its applications in aerospace engineering)
- 4. Liquid Tree: Jani Vrushti N, Patel Heli N (Investigating the potential of liquid-based systems for sustainable urban forestry and environmental conservation)

#### **Special Recognition**

We are proud to announce that our Principal, Rev. Fr. Arul Ryan, received a prestigious award as the Principal of a participating school. This recognition is a testament to his tireless efforts in promoting scientific excellence and innovation within our institution.

#### Conclusion

The Sci-Blast 2.0 science fair was a resounding triumph, showcasing the intellectual prowess and innovative spirit of our young scientists. We extend our warmest congratulations to the participating students on their outstanding achievements and encourage them to continue pursuing their scientific passions with unwavering dedication and enthusiasm.

Ms. Dolly Christian **Higher Secondary Teacher** 







#### Visit to Ganpat University

This year our XII standard's educational tour was sponsored by Socially responsible Ganpat University, situated at Gandhinagar Mehsana high way. Under kind leadership and direction of Fr. Arul Rayan, Gayatri Teacher, Lalit Sir and Disha Teacher we all std XII students started for the same on 19-12-2024 at about 8:00 a.m.

We entered very lush green campus with vast SPORTS Grounds University Campus where, we were warfully received by the authorities and staff with delicious breakfast and tea. After that we were shown BBA-MBA colleges and guided about what courses of study can be taken after XII. Then we also visited all colleges run by the GUNI one by one. Among them were Arts, Science, Commerce, BCA-MCA, and Architecture one. Much impressing and attractive were the well equipped laboratory and library. 

We were informed that each year international conference, Guests lectures, workshops, projects, etc are arranged for the benefit of the students. Their noble motto is to render academic as well as practical knowledge of Global level to the students so as to enable them to face any challenges in any field.

There after we were offered a lunch. After that at about 2:30 p.m. we started to come back. Our tour was most comfortable, enjoy full and knowledgeable. We are really very much thankful to the GUNI authorities and staff who took utmost care of our all facilities.

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On 19th December 2024, an educational visit and career guidance session was organised at Ganpat University to help students understand the academic pathways and career opportunities available after completing their current studies.

**Key Highlights** 

- 1. Welcome and orientation session, began with a warm welcome by university representative.
- 2. Students explored the campus including library, laboratories, Sports Club which is equivalent to Athletic Club and a Residential facilities.
- 3. Experts from various field conducted workshop and presentation helping students to choose the right career path. Faculty members, explained the courses offered, eligibility criteria, admission procedure, and financial aid options.

- 4. Students interacted with university staff to clarify doubts about admission, scholarship, internship, and placement opportunities.
- 5. The visit ended with an informal networking session where student shared feedback and expressed enthusiasm about the prospect shared and appreciated the guidance received.

The visit was highly informative and provided students with valuable career planning and higher education opportunity. It motivated them to explore their potential and plan their academic and career path effectively.

Ms. Disha Sharma **Higher Secondary Teacher** 







#### Friendship Games



#### **Christmas Celebration Pre-Primary**

Christmas is the festival which inspires the spirit of sharing and caring. The Christmas celebration in the preprimary section of St. Xavier's School was held on 24th December 2024. All six classes and the porch were decorated beautifully and it brought smiles to children's faces. Christmas tree was decorated with lights and stars, crib was also made. The students performed and were dressed up as various characters like mother Mary, Joseph, the three Kings, Angels and shepherds. After that, six boys on their decorated cycle, accompanied by drummer boys, led the parade of students dressed in red

They then visited the principal's office, where respected Father Arul encouraged all the students.Later, the children danced to Christmas songs. Our Christmas celebration was fun and joyful, and we look forward to many more enjoyable celebrations together. It was a wonderful way to introduce young children to the joy and spirit of the festive season. God bless us all.

Ms. Shailu Patel
Pre-Primary Teacher.

and white.

Pre-Primary Teacher.

#### નાતાલની ઉજવણી નાતાલની ઉજવણ

નાતાલની ઉજવણી ભગવાન ઈસુ ખ્રિસ્તના જન્મદિનના સ્મરણાર્થે કરવામાં આવે છે. આ દિવસની ઉજવણી તારીખ 25મી ડિસેમ્બરના રોજ કરવામાં આવે છે. નાતાલની ઉજવણી કેટલાક રીતિ- રિવાજોથી થાય છે. નાતાલની આધુનિક ઉજવણીમાં પ્રખ્યાત બનાવેલા રીતિરિવાજોમાં ભેટ સોગાદોની આપ-લે થાય છે. નાતાલ એટલે કે અંગ્રેજીમાં "ક્રિસમસ". ક્રિસમસ નામનો શબ્દ "ક્રાઇસ્ટમાસ "નામના શબ્દ ઉપરથી ઉતરી આવ્યો છે. વિશ્વના મોટા દેશોમાં નાતાલ તહેવારની ઉજવણી મુખ્ય તહેવાર તરીકે કરવામાં આવે છે. નાતાલના દિવસે કરવામાં આવતા ખાસ સુશોભન પાછળ લાંબો ઇતિહાસ હોય છે. અમારી શાળામાં 24 ડિસેમ્બર 2024 ના રોજ નાતાલની ઉજવણી કરવામાં આવી હતી. અમે અમારો કાર્યક્રમ પ્રાર્થના સાથે શરૂ કર્યો હતો. ત્યારબાદ ધોરણ 1 થી 5 ના વિદ્યાર્થીઓએ સુંદર નૃત્ય રજૂ કર્યું હતું.

તે નૃત્ય ખૂબ જ આનંદદાયક હતું. ત્યારબાદ ધોરણ 6 થી 8 ના વિદ્યાર્થીઓએ સોશિયલ મીડિયા અંગે ખૂબ જ સુંદર નાટક રજૂ કર્યું, જેનાથી અમને ખૂબ જ પ્રેરણા મળી વિદ્યાર્થીઓએ ખુબ જ સુંદર અને લયબ્ધ્ધ રીતે કેરેલ ગાયન કર્યં હતં.

ત્યારબાદ ધોરણ 6 થી 8 ના વિદ્યાર્થીઓએ મનોરંજન આપનાર નૃત્ય રજૂ કર્યું. જે અમને ખૂબ જ ગમ્યું હતું. ત્યારબાદ અમારા આદરણીય ફાધર અરુલે અમને નાતાલ અંગે વિશેષ માહિતી આપી તથા ઈસુ ખ્રિસ્ત દ્વારા કરાયેલ મહાન કાર્યો વિશે જણાવ્યું. ત્યારબાદ અમે ગરીબો અને જરૂરિયાતમંદ લોકો માટે પ્રાર્થના કરતા અમારો કાર્યક્રમ સમાપ્ત કર્યો.

Vaghela Dhanya 7C

Christmas is a time of joy, love, and giving, and its celebration in schools brings a festive spirit filled with excitement and happiness among students and teachers alike. The festival, celebrated on December 25th, marks the birth of Jesus Christ and is widely observed across the world with enthusiasm. Schools play a significant role in making this celebration memorable for children while teaching the values of togetherness, kindness, and sharing.

The festive mood begins days before Christmas as schools start preparing for the big day. Classrooms and hallways are beautifully decorated with Christmas trees, stars, bells, and fairy lights. Art and craft sessions are often held where students create handmade ornaments, greeting cards, and wreaths. Teachers encourage students to contribute to the decorations, promoting teamwork and creativity. The nativity scene, depicting the birth of Jesus Christ, is also set up in many schools, reminding students of the festival's origins.

On the day of the celebration, schools organize various activities and programs to engage students. Carol singing competitions, skits based on the story of Christmas, and dance performances fill the air with festive cheer.

Our school (St.Xavier's primary school) takes the celebration as an opportunity to teach students the importance of kindness and helping those in need. Charity drives, where students donate clothes, toys, and food, are often held to support underprivileged communities. This fosters a sense of compassion and empathy in children, teaching them the true spirit of Christmas.

Dabhi Dhruvi 7B



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#### **Christmas Celebration Highschool**

#### and Togetherness

Christmas is a time of joy, love, and giving that holds deep meaning for people around the world. At its heart, the festival celebrates the birth of Jesus Christ, who is seen by Christians as a symbol of peace and salvation. However, the spirit of Christmas goes beyond religion, inspiring compassion, forgiveness, and generosity, bringing people closer to one another.

Across the globe, Christmas traditions are unique yet share common themes of love and togetherness. In Western countries like the United States and Europe, the holiday sparkles with carol singing, twinkling tree decorations, exchanging gifts, and delicious festive

The Magic of Christmas: A Festival of Love, Hope, meals. Customs like Santa Claus delivering presents, hanging stockings by the fireplace, and enjoying grand feasts with turkey, pies, and pudding make the season extra special.

> In India, Christmas is celebrated by people of all backgrounds, uniting communities in festive cheer. Many join in the joyful activities of crib-making, carol singing, decorating homes, and attending Midnight Mass. Special treats like plum cakes and homemade sweets are shared with friends and neighbours, spreading happiness all around.

Macwan Shreya 11 A



The joyous spirit of Christmas filled the air as

St. Xavier's High School, Gandhinagar, celebrated the festival with a heartwarming and vibrant program. The event began with a serene and melodious prayer song, "On a Silent Night in Bethlehem," which beautifully set the tone for the celebration, reminding everyone of the miraculous night when a star shone bright, heralding the birth of Jesus Christ.

The students of Standard 9 delivered an impactful skit with a powerful message: "Whatever you did for one of the least of these brothers and sisters of mine, you did it for me." Their performance inspired the audience to embrace kindness and compassion in daily life.

Samarthya from Standard 11 captivated everyone with soulful solo songs, while another group of students enchanted the audience with a graceful dance on the song "Hai Di Awaaz," a heartfelt celebration of the miraculous arrival of God incarnate into the world.

Adding to the festive spirit, the high school students performed melodious carol singing in Gujarati, Hindi, and English, showcasing the universal joy of Christmas. Tirth from Standard 11 shared an inspiring Christmas message, emphasizing the importance of helping the needy and glorifying the name of God through our actions.

Rev. Fr. Arul and Rev. Fr. Patras enriched the celebration with their reflections on the true meaning of Christmas. They encouraged everyone to open their hearts to share joy with the lonely, hope with the weary, and love with all we meet, embodying the essence of the season.

The program concluded on a high note with a lively "Jingle Bell" dance, filling the hall with cheer and energy. The celebration left the students, teachers, and guests with a profound sense of joy, unity, and a renewed commitment to spreading love and hope in the world.

Ms. Rita Minj High School Teacher



#### Christmas Charity

"Every charitable act is a stepping stone towards heaven". 'We' the students of 8th standard got the opportunity to become the little pebbles of Charity through the participation in the 'School Canteen Day'. It was celebrated in our school on 28 December with the motive to reach out to the less privileged ones. We were too excited as this was our first opportunity to work in groups for our school. We all whole heartedly put in a 100% with the support of our teachers and parents. Though we started it in a fun but by the end of the day we realized how necessary it is to remember those who do not have the opportunities like us. We are blessed with so many things in our lives. It is well said 'Alone we can do so little but together we can do so much'.

Chaudhari Aayush 8A



Charity plays an important role in our school promoting a sense of community and compassion among students. Recently we organised a charity event to support underprivileged children and adults in our areas. Students actively participated by donating many necessary things. The students of first and second standard donated soap bars/powder .Just like that the students of standard third and fourth donated toothpaste and toothbrush. The students of class fifth and sixth donated rice and dal. The students of standard seventh and eighth donated tea and sugar. Donating brings joy and positivity. It helps to create a sense of community and makes you feel fulfilled. It helps you develop good relationships and feel good about helping others. I would like to thank the school for donating all these things to the underprivileged through us.

Yadav Zaitra 8B Charity is basically about helping others out when they need it. And it is a pleasure for us that our school organizes a charity event every year. The students are free to participate in the event and can donate money or things to the poor. This year the students of std. 7 and 8 donated tea and sugar, std.5 and 6 donated rice and dal, std 3 and 4 donated toothpaste and toothbrush and std. 1 and 2 donated soap bar and powder. We were happy to participate in such an event and would love to do so event in future too.

Dave Vihaan 8C In the spirit of generosity and compassion, the students of Saint Xavier's School, Gandhinagar, embarked on a noble endeavor to make a positive impact on the lives of the underprivileged. Our Christmas Charity Drive, conducted under the motto "Grains of Kindness," was a resounding success, thanks to the unwavering support and generosity of our students.

Through this initiative, we encouraged each student from classes 9 to 12 to donate generously, and their response was overwhelming.

We collected a staggering amount of ₹26,000, which was utilized to procure essential provisions for the needy. Our procurement included:

- 50 liters of groundnut oil (10 boxes of 5 liters each)
- 50 kg of mung daal (5 packs of 10 kg each)
- 30...

Ms. Dolly Christian Higher Secondary Teacher



"Never worry about numbers. Help one person at a time and always start with the person near you".



Shradhanjali







We started our trip to Riparian resort, Savli at 7am. It was a journey of 3 hours. It was a serene place. We had a rustic view of river Mahisagar. Resort had a joyful park with vibrant swings, benches and also had many captivating spots for capturing moments. Next we played games which were quite fun. The instructor had notified us about coal mining in the forest which could make us feel like an earthquake. We had exciting rope activities. We also had rain dance and pool activities.

At night we had played some indoor games .We had a exciting track. Later then it was a bonfire. Next day we had morning track. It was a splendid experience. Afterwards we did rock climbing and rappelling. Then we saw a poisonous Cobra. The best time of trip was all of us dancing in bus. This was a very noteworthy experience of my school life.

**Aneri Brahmbhatt** 

We began our journey on the morning of 22 Dec '24 from breeze, saw the river flowing peacefully and connected the school heading towards the Riparian Adventure with nature in all senses. Post the trek, we engaged in Camp Resort, situated on the bank of river Mahisagar, activities like rock climbing and repelling and ended the amidst the goodness of nature. The journey on the bus trip with high tea. Each one of us took home tones of with peers and teachers is one of a kind and we reached experiences and countless memories. We are all very our destination in no time. We started with an obstacle grateful that we were given such an opportunity by the course followed by a rain dance and splashed into the school, where we explored nature in the most swimming pool. On the second day, we woke up early for refreshing and rejuvenating way indeed! an unforgettable trek which made me fall in love with nature. The best part about it was the riverside, where we sat in the cool breeze, saw the river flowing peacefully and connected with nature in all senses. The best part about it was the riverside, where we sat in the cool

**Panchal Pranay** 10 A



ઇકો ક્લબના આ પિકનિકે અમને નવાં અનુભવો આપ્યાં. રિપેરિયન રિસોર્ટમાં એડવેન્ચર ગેમ્સ, સ્વિમિંગ, અને રેઇન ડાન્સ દ્વારા રોમાંચ અને મજા સાથે પ્રકૃતિનો આનંદ માણ્યો.

મહિસાગર નદીના કિનારે બેઠા ત્યારે કુદરતના સૌંદર્ય અને શાંતિ સાથે જે જોડાણ થયું તે ખાસ યાદગાર બન્યું. ટ્રેકિંગ દરમ્યાન પર્યાવરણ અને નદીનું મહત્વ જાણવાની તક મળી, જે અમને પ્રકૃતિ સાથે વધુ નજીક લાવી. મહિસાગર નદીના કિનારે ટ્રેકિંગ કરતી વખતે નદીનું શાંતિભર્યું દ્રશ્ય અને પર્યાવરણના સંદેશે અમારી પર કુદરત પ્રત્યેનો આદર વધાર્યો.

જંગલ ટ્રેકિંગ અને કેમ્પ ફાયરના આનંદભર્યા પળોએ આખી મોજૂદગીને ખુશનુમા બનાવી. સાપની રસપ્રદ માહિતી દ્વારા જંગલી જીવજંતુઓ વિશેનો ડર ઓછો થયો અને સમજ વધારી.

આ પિકનિકે અમને પ્રકૃતિના મહત્ત્વ અને મૈત્રીની સચ્ચાઈ શીખવી. આ અનુભવ મારે માટે ખાસ યાદગાર રહ્યો અને અમને જીવતરા સાથે જીવવાની પ્રેરણા આપી અને કુદરતના મહત્વની નવી દૃષ્ટિ આપીને અમારી યાદોમાં વિશેષ સ્થાન મેળવ્યં છે

Panchal Mann kumar 11 B



#### Our Memorable Trip to Riparian Resort

On the 22nd of December, the Nature Nurtures committee of our school embarked on an exciting trip to Riparian Resort, Vadodara. We gathered at the school by 6:30 AM and reached our destination by 9:00 AM. Upon arrival, we had a delicious breakfast and then engaged in fun games organized by an excellent instructor. After freshening up, we played more games before having lunch.

In the afternoon, we participated in thrilling adventure activities like rope climbing. The evening was even more exciting, with a refreshing swim in the pool and a lively rain dance session. Later, we played UNO, had dinner, and then set off for a night trek. Upon returning, we enjoyed a campfire where we sang traditional songs before heading to our rooms for the night.

The next morning, we went on a long trek near a coal mine. We were informed that slight tremors might be felt due to mining, but fortunately, there were no disruptions. After the trek, we took a group photo and admired the beauty of nature. Later, we enjoyed artificial wall climbing and gained valuable knowledge about snakes and greenery.

The trip was an unforgettable experience, filled with fun, adventure, and learning. We returned home with wonderful memories and a deeper appreciation for nature.

Mistry Ishangi 12 A

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એડવેન્ચર કેમ્પનું આયોજન શાળાના આચાર્ય શ્રી ફાધર અરુલના અદભુત અનુભવ થયો હતો. નેતૃત્વ હેઠળ મહીસાગર નદીના કિનારે રીપેરીયન રિસોર્ટ ખાતે કરવામાં આવ્યું હતું.

એ કુદરત દ્વારા આપણને આપેલી અમૂલ્ય ભેટ છે. આ કેમ્પનો મુખ્ય મળ્યો તે માટે અમે ભાગ્યશાળી છીએ. હેતુ એ જ હતો કે, વિદ્યાર્થીઓ કુદરતે આપેલ ભેટનું મુલ્ય સમજે અને વધારે નજીકથી ઓળખે. આ કેમ્પમાં ઘણી બધી પ્રવૃત્તિઓ જેવી કે, જુદી-જુદી રમતો, જંગલ ટ્રેકિંગ, એડવેન્ચર્સ, સ્વિમિંગ પૂલ, રેઇન ડાન્સ, પર્યાવરણનું શિક્ષણ, કેમ્પ ફાયર, નાઈટ ટ્રેકીંગ, મોર્નિંગ ટ્રેકિંગ વગેરેનો Ms.Sheetal Desai સમાવેશ થાય છે.

ગાંધીનગર જિલ્લાની પ્રતિષ્ઠિત શાળા સેન્ટ ઝેવિયર્સ હાઇસ્કુલમાંથી મહીસાગર નદીના કિનારે કુદરતના સાંનિધ્યમાં અમે ધ્યાન ધર્યું હતું. તેમાં તારીખ 22/12/24 અને 23/12/24 એમ બે દિવસ માટે ઇકો એન્ડ વહેતા પાણીનો ખડખડ અવાજ, પક્ષીઓનો મધુર કલરવ સાંભળવાનો

ખરેખર મનને તાજગી અને આનંદ પમાડે તેવું વાતાવરણ હતું. આ રિસોર્ટમાં ઘણા બધા પ્રકારની વનસ્પતિ અમને જોવા મળી હતી. નેચર નર્ચર્સ કમિટીના સભ્યો, વિદ્યાર્થીઓ તેમજ શાળાના વિદ્યાર્થીઓ બધી જ પ્રવૃત્તિઓ ઉત્સાહપૂર્વક કરતા હતા આજની આ આચાર્યશ્રીએ આ કુદરતી સાંનિધ્યનો અનુભવ લીધો હતો. પર્યાવરણ ભાગદોડ વાળી જિંદગીમાંથી અમને કુદરતના સાંનિધ્યમાં જવાનો મોકો

**High School Teacher** 

"પર્યાવરણની કરો રક્ષા પૃથ્વીની થશે સુરક્ષા".























"Sometimes you will never know the true value of A Moment until it becomes a Memory".









































#### Poster making competition

Nature nurtures committee દ્વારા, શાળાના આચાર્ય શ્રી ફાધર આરુલ રાયનના માર્ગદર્શન હેઠળ તારીખ 6/1/2025 ના રોજ, "પર્યાવરણીય જાળવણી: આપણો ગ્રહ, આપણી જવાબદારી" વિષય પર "પોસ્ટર બનાવવા" નું આયોજન કરવામાં આવ્યું હતું.

આ વિષયનું સૂચન શ્રીમતી શૈલા જોષી દ્વારા કરવામાં આવ્યું હતું. જેમાં 1 કલાકમાં સ્પર્ધકોએ આપેલા વિષય પર A3 સાઈઝના કાગળ પર ચિત્ર બનાવીને તેમાં રંગ પૂરવાના હતા. શાળાના ધોરણ 9 થી 12 ના વિદ્યાર્થીઓએ ઉત્સાહપૂર્વક ભાગ લીધો હતો. આ સ્પર્ધામાં 18 ગ્રુપે ભાગ લીધો હતો. એક ગ્રુપમાં ઓછામાં ઓછા બે વિદ્યાર્થીઓએ અને વધુમાં વધુ ચાર વિદ્યાર્થીઓ હતા.

આમ, આ સ્પર્ધામાં કુલ 48 સ્પર્ધકોએ ભાગ લીધો હતો. દરેક ગ્રુપે વિષયને અનુરૂપ બહુ જ સુંદર ચિત્ર બનાવીને તેમાં રંગ ભર્યા હતા. આ સ્પર્ધાને સફળતાપૂર્વક પાર પાડવામાં શીતલ ટીચર, વંદિતા ટીચર અને અશ્વિનસરનો સિંહ ફાળો રહ્યો હતો. આ સ્પર્ધાનું પરિણામ આ મુજબ છે. પ્રથમ ક્રમે આવેલું વિજેતાગ્રુપ 9th B 1. Solanki Jahnavi

- 2. Soni Dwija
- 3. Pillai Sreelakshmi

દ્વિતીય ક્રમે આવેલા વિજેતા ગ્રુપ 9th A 1. Christy Shifa

- 10th A 1. Shah Keny 2. Gomes Elaisha
  - 2. Desai. Prutha

તૃતીય ક્રમે આવેલા વિજેતા ગ્રુપ 10th D 1. Damodiya Jeni 12th C 1. Tank Riddhi

- 2. Desai Aanal
- 2. Bhogayta Riya
- 3. Shekh Humera

Ms.Archana Bhatt Higher Secondary Teacher























# <u>Congratulations</u>

#### 31st National Children Science Congress at Bhopal (M.P)

ગાંધીનગર જિલ્લાનો વિજ્ઞાન પ્રોજેકટ NCSC અંતર્ગત ભોપાલ (મધ્ય પ્રદેશ) માં રજ થયો

ભારત સરકારના વિજ્ઞાન અને ટેકનોલોજી વિભાગ દ્વારા બાળકોમાં સંશોધન રુચિ કેળવાય અને તે માટે જરૂરી પ્રોત્સાહન મળી રહે તે માટે 'રાષ્ટ્રીય બાળ વિજ્ઞાન પરિષદ (NCSC)નું 'આરોગ્ય અને સુખાકારી માટે ઇકોસિસ્ટમની સમજણ (UNDERSTANDING ECOSYSTEM FOR HEALTH AND WELL-BEING)' વિષય આધારે વિવિધ સ્તરે આયોજન કરવામાં આવ્યું હતું. રાષ્ટ્રીય બાળ વિજ્ઞાન પરિષદ (NCSC) બાળ વૈજ્ઞાનિકોની પ્રતિભાને બહાર લાવવા માટે દર વર્ષે સ્પર્ધાનું આયોજન કરે છે.

સ્કૂલ કક્ષાથી લઈને રાષ્ટ્રીય કક્ષા સુધી આખા વર્ષ દરમિયાન GUJCOSTના માર્ગદર્શન હેઠળ બાળ વૈજ્ઞાનિકોને પોતાના વૈજ્ઞાનિક વિચારો કૃતિ સ્વરૂપે રજૂ કરવાની તક આપવામાં આવે છે. ચાલુ વર્ષે પણ તા.- 03/01/2025 થી 06/01/2025 દરમિયાન NCSC દ્વારા 31મું બાળ વૈજ્ઞાનિક પ્રદર્શન ભોપાલ (મધ્ય પ્રદેશ) ખાતે યોજવામાં આવ્યું હતું.

જેમાં ગુજરાતના કુલ 22 બાળ વૈજ્ઞાનિકોએ ભાગ લીધો હતો જે પૈકી ગાંધીનગર જિલ્લાના 2 બાળ વૈજ્ઞાનિકો (1) પર્વ ભાવિનકુમાર પટેલ, સેન્ટ ઝેવિયર્સ હાઈસ્કૂલ, સેક્ટર-8, ગાંધીનગર અને (2) ધ્યાની તેજસભાઈ ભટ્ટ, રેડિયન્ટ સ્કૂલ ઓફ સાયન્સ, સરગાસણ, ગાંધીનગર એ 31મા રાષ્ટ્રીય બાળ વિજ્ઞાન પરિષદ (NCSC) ભોપાલ (મધ્ય પ્રદેશ) ખાતે પોતાના પ્રોજેક્ટ્સ રજૂ કર્યા હતા.

સેન્ટ ઝેવિયર્સના વિદ્યાર્થી પટેલ પર્વ એ "ધાર્મિક સ્થળો પર ભગવાનને

ચઢાવવામાં આવતા ફૂલના પુન:ઉપયોગની રીત" વિષય પર પોતાનો પ્રોજેકટ રજુ કર્યો હતો. માર્ગદર્શક શિક્ષિકા શ્રીમતી શૈલા જોષીના માર્ગદર્શન હેઠળ પ્રોજેકટ તૈયાર કરવામાં આવ્યો હતો. નિસર્ગ સાયન્સ કૉમ્યુનિટી સેન્ટરના સંચાલક શ્રી અનિલભાઈ પટેલે પ્રોજેક્ટને વધુ અસરકારક બનાવવા સતત માર્ગદર્શન આપ્યું હતું. સેન્ટ ઝેવિયર્સ હાઇસ્કુલના આચાર્યશ્રી અરુલ રાયન બાળ વૈજ્ઞાનિક પર્વ પટેલની સિદ્ધિ બદલ ગૌરવની લાગણી અનુભવી હતી અને શાળા પરિવાર વતી અભિનંદન પાઠવ્યા હતા. વિદ્યાર્થીઓમાં રહેલી બાળ પ્રતિભાને બહાર લાવવા માટે અને એમને મંચ પૂરો પાડવા માટે GUJCOST (Gujarat Council on Science and Technology) સતત પ્રયત્ન કરી રહ્યું છે. GUJCOST તરફથી Dr. Narottam Sahu (Adviser and Member Secretory, GUJCOST), Mrs Poonam Bhargay (State Co-Ordinator, GUJCOST), Mr Pavit Shah (Scientific Officer, GUJCOST) તથા GUJCOSTની સમગ્ર ટીમ દ્વારા ખૂબ સુંદર આયોજન કરીને બાળ વૈજ્ઞાનિકોને ભોપાલના સમગ્ર કાર્યક્રમ દરમિયાન પ્રેરણા પૂરી પાડી હતી. તા.- 03/01/2025 થી 06/01/2025 દરમિયાન ભોપાલ ખાતે યોજાયેલ 31મા બાળ વૈજ્ઞાનિક પ્રદર્શનમાં ગુજરાતમાંથી કુલ 7 એસ્કોર્ટ ટીચર અને 22 બાળ વૈજ્ઞાનિકોએ ભાગ લીધો હતો.

Patel Parv 10 D

Unfamiliar shores, unknown faces and unabated travel schedules have always been uncomfortable for me. However, the excitement and the learning they bring opens up new avenues of knowledge and make all the uncertainties worthwhile. National Children's Science Congress (NCSC) is a nationwide Science Communication programme started in the year 1993. I have had the privilege to participate in the capacity of one of the guide teachers from Gujarat.

The three days programs excluding the travel to and fro to Bhopal has been enriching for the students and I believe that it has tested their abilities and it has encouraged them to explore their full potential. There were various sessions with inputs from experts on different themes such as 'mental health for holistic well being' 'efficient multitasking' etc.

The cultural exposure to the students as they interacted with students from other states of India benefited them immensely. It is said that when knowledge is shared, it multiplies. I felt personally and I am confident that the students have experienced that spark that ignites them and remains within them lifelong.



Ms. Shaila Joshi High School Teacher



#### 31st National Children Science Congress at Bhopal (M.P)

























#### At Zonal Level Science Fair

Myself Rajput Bhavyasinh from class 9 th A would like to share you my experience of the zonal level science fair which is held at C G Mehta school Jdar. There were two models selected for this zonal level science fair. They are gyroscopic angular motion by me and my partner Henil Patel from class 9A and the other model was hyperloop by Raval Nevil and Rathod Divyam from class 9B. This exhibition was held at CG Mehta School, Umedgarh, Ider for 2 days. The residential and food facilities over there were excellent. The exhibition was fantastic and a two learning experience. We have also come to know about the different point of view on our models during the exhibition.

There were 8 districts that had participated in this north zonal level exhibition which included major districts like Ahmedabad, Mehsana and Patan. Among all of the models our model gyroscopic angular motion has been selected for the state level exhibition in the category of mathematical modelling and computational thinking. This is the result of the valuable suggestions by our guide teacher Rikin sir and the co-opration of our class teacher Smita Ma'am, I would also like to thank father for the guidance and support in our journey.

Rajput Bhavyasinh



## Congratulations





માધ્યમિકની 2 અને પ્રાથમિકની 4 સ્કૂલોના 12 બાળ વૈજ્ઞાનિકોની મહેનત રંગ લાવી ઉત્તર ઝોનકક્ષાના બાળ વૈજ્ઞાનિક પ્રદર્શનમાં જિલ્લાની છ કૃતિ રાજ્યકક્ષા માટે પસંદ થઇ

ઝેવિયર્સ હાઇસ્કુલના ભવ્યસિંહ બી.રાજપૂત અને હેનીલ એન પટેલની ગાયરોસ્કોપીક કોણીય ગતિ કૃતિ વિજેતા બની હતી.

North zone science fair 2024-25 held at CG Mehta vidhymandir, Umedgrah,Idar on 26th and 27th December 2024. Opening ceremony was started at prayer for mind, body and spirit. After prayer all the invited guest were honoured by school principal and students with flower bouquet followed by welcome speech of Shree Bhanubhai Patel who is principal of CG Mehta vidhymandir, Umedgrah. Smt. Shobhnaben Baraiya who is member of parliament, Banaskantha, Gujarat also gave her inspiring speech to motivate all the participants. Around 11: 30 AM demonstration of all science projects has begun. Total 75 science projects of different categories like Environment, Transportation, Maths, Computational thinking and Agriculture were represented by 150 students and 75 guide teachers who came from 7 different zones of North Gujarat region.

At the end of first day accommodation has been provided by CG Mehta school management to all the participants. Next day the closing ceremony has been 10:00 AM on 26th December 2024 with holistic healing held after the lunch followed by certificates and prize distribution for participants and their respective guide teachers. At the end of ceremony Shree Dineshbhai R Patel who is Lecture at DIET, Gandhinagar has given inspiring speech and talked about scientific approach of life. After that Shree Bhanubhai Patel has gave vote of thanks followed by Nation anthem. All the 1500 visitors, all participants, Teachers of CG Mehta school and all staff members of school management made this event successful and memorable.

> Mr. Rikin Mistry **High School Teacher**

#### Participation at District Level Science Fair

Myself Nevil Raval from class 9th B participated in District Level Science Exhibition held at Balva Gandhinagar district. Me and my teammate Divyam Rathod were selected from the SVS School Level for our project on Hyperloop. The exhibition was held from 9th December to 11th December at Shree Swaminarayan High School Balva.

provided with a table in one of the classrooms. The school had a very pleasant environment and provided us with a special team of NCC cadets to protect our belongings and also to give assistance when needed. There were many innovative ideas selected for district level. We had selected the field of Transport and Communication, our project topic was Hyperloop.

By hyperloop we can make the travel experience more smoother and faster. There were many competitors but due to our efforts, presentation, model and guidance of teachers we were selected for Zonal Level.

As Swaminarayan School provided food which was delicious, and also the guide teachers for assistance. During the break time I explored the different innovative On 9th December, we did the registration and was ideas from which i gained knowledge. My experience was excellent and I also got exposure from the exhibition. By this wonderful experience I would also like to participate in more exhibitions in future.

> **Raval Nevil** 9 B

**District Education** Training Gandhinagar, organized а district-level exhibition with the aim of nurturing young scientists for the future. The event took place on the 10th and 11th of December at Swaminarayan High School, Balva. Students from St. Xavier's High School, Gandhinagar, enthusiastically participated in the event, showcasing their innovative working models and charts under the theme of a sustainable future.

Four teams from Class 9 represented the school:

- 1. 9A: Gyroscopic Angular Motion Bhavyasinh Rajput & Henil Patel
- 2. 9A: Liquid Tree Jani Vrushti & Patel Heli
- 3. 9B: Hyperloop Raval Nevil & Rathod Divyam
- 4. 9C: Be Clean, Be Healthy Chaudhary Vraj & Patel Bhagya

The exhibition was a memorable experience, fostering interaction with students from other Participants received certificates and prizes, and our school was honored with a memento.

Notably, Gyroscopic Angular Motion and Hyperloop projects were selected for the zone-level competition. We take immense pride in our students and wish them success in the next round. Congratulations to all!

Ms. Smita Engineer **High School Teacher** 





#### Participation at District Level Science Fair













# Congratulations

Stem Quiz



Game - Archery Category - under -17 Selected for National level S.G.F.I



She is also going for international level competition

in Karate Weight category: 45 to 50 Month - August 2025 Country: Japan





Sabad Chhayal

9 A











## Congratulations







#### **Primary**

Creative writing competition winners





## Congratulations





## Ms. Archana Sharma (M.Com, B.Ed)

"All our dreams can come true, if we have the courage to pursue them"

Myself, Ms. Archana Sharma joined this reputed school (St. Xavier's, Gandhinagar) in the year 2013. I have been in this school since June 2013 and have completed almost eleven years. In these eleven years of my career, I always believe that to bring about change, you must not be afraid to take the first step. I always try my level best to never fail in my teaching.



Each day, I come in the school with a positive attitude always trying to get better. I see my children and always think that in this journey we should always be determined. I always strive to maintain a sunny outlook which means I embrace optimism. I believe in my abilities and surely the outcome will be fruitful. I see the glass as half full and not half empty. Teaching is my passion and will continue on my future.





Next, if I say it would be about relationship with my colleagues... I always try to be friendly with them. My focus always remain to be cooperative and helpful. I try to complete my work with full zeal. I love to be with them as a family.. I think that is why it's called Xavier's parivaar.



At last, I would only say that,
"Positive thinking will let you do
everything better than negative thinking
will...."
Thankyou

"मेहनत इतनी ख़ामोशी से करो, कि सफलता शोर मचा दे"

#### **Feast Day Celebration Pre-Primary**







































#### **Feast Day Celebration Primary**











































#### Feast Day Celebration High School













































### SCI-BLAST 2.0 SCIENCE FAIR AT ST. XAVIER'S COLLEGE, NAVRANGPURA, AHMEDABAD



















#### Primary Activity: Christmas tree decoration and Crib Making











































































#### **Christmas Celebration Pre-Primary**



















#### **Christmas Celebration Primary**





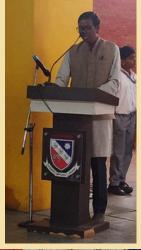
























#### **Christmas Celebration High School**



#### **Christmas Charity Primary**























"It's not how much we give,
But how much love we put into giving".
-Mother Teresa

#### **Our Artists**



Soni Dhyana 1 **A** 



4 B



Patel Devanshi 5 B



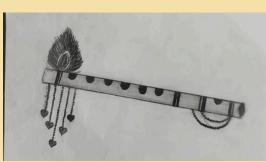




Yashasvini Kansara 5 C



Joshi Stuti 6C



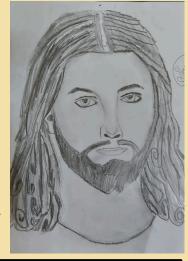




Patel Aarohi 6 C



Goswami Shreyashi 6 C



#### **Our Artists**



Patel Ved



Asodiya Swaren









Patel Jay

The Architectural drawings done by Vanshika Joshi (11 A), part of NATIONAL DESIGN HUNT COMPETITION 2024.









Jadav Hrishita 9 A

#### **Board Decorations**



































#### **God's House Address**

Once upon a time, there lived a poor priest with his wife, old mother and children. They were a pious family. He performed prayers to the Lord with all faith. He lived a simple happy life. Every morning, the priest woke up early and after his bath, performed his prayers at home and rushed to the temple to complete his priestly duties. His mellifluous voice carried away every other devotee to God's own kingdom. His caring nature and sweet words bestowed strength to those coming to temple in grief. He shared his daily earnings with the beggars. His devotion to God was as strong as a rock pillar. His good nature gave him a peaceful sleep every night. As things moved on, one night, God appeared in his dream and said, "Son, you have been serving Me honestly so far. I have been living with you peacefully. But now, I have to take leave of you for certain untold reasons. "Ask for a boon and I shall grant it." Saying so, God disappeared. The priest woke up immediately and understood it to be a dream. Still he kept pondering over it. The next morning, he narrated the dream to his wife and mother. His wife suggested for a happy life, both physically and financially. But his old mother said, "Gold and riches are materialistic. Do not crave for them. When God is with us, we do not have any quarrels or difficulties. We have been leading a peaceful life. So ask Him to grant you a peaceful life." The simple priest was happy with the reply and waited for his chance to convey it to God. The same night God appeared again in the priest's dream. He asked," Son, tell Me your want." The priest replied, "God, please grant us a peaceful & contented life." And lo, the Lord uttered, "Peace is what I love and a peaceful home with no quarrels is where I live. Do not worry, I shall never leave you."



Reflect in life and you will realise that wish and fear are exactly the same, we call such a dream a nightmare. Remember don't let people pull you into there storm gather courage and pull them into your peace. The irony of life is as we grow we change and as we change we grow a vicious cycle of life. Life is all about the words we speak because that creates house we live in. Don't mistake Successful living to accumulating material things, it means inner peace of mind; it means that gift of being able to adjust oneself to everyone else. Instead of figuring out how to make ends meet, work on having fewer ends. Lets go ahead in life and become rich by having time and thats possible by having stuff that truly matters, lets not spend more time taking care of materialistic possessions and focus on our internal body and mind because buying things gives us a false sense of control. True power is realizing you don't need much.

Reflection by Dr. Anjana

બધું ભૂલવા માંગતા મને, બધું યાદ આવે છે કેમ? જરૂર પડે ત્યારે બધું, ખોવાઈ જાય છે કેમ? જાણે ઉઠાવી હાથમાં રેતી, સરકી સમય જેમ જાય છે જે બધું ન જોઈતું હોય, તે સૌથી પહેલાથાય છે. એવું કેમ થાય છે ? રમતમાં હું ફરી રહી છું, અડધો સમય ખબર જ નથી કે હું શું કરી રહી છું. મને સમજાતું નથી, આવું છું કંઈ કરું છું- જાઉં છું. ફરક કંઈ પડતો જ નથી. જ્યાં હતી પહેલા. ત્યાં ફરી પહોંચી જાઉં છું. જે યાદ રહેવું જોઈએ, આમ બધું ભૂલી જાઉં છું . હું જ્યાં જાઉં છું?

- 1. Forget your past and enjoy your present.
- 2. Wake up early in the morning and thank god for the best yet to come.
- 3.Stop comparing, because you are the only reason for your happiness.
- 4. Read more books this year than the last year.
- 5. Dream while awake.
- 6. Don't repeat the mistakes that you have done the last year.
- 7. Do good deeds and make this year memorable for you.

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